

9am Sat. SA White Book Study

* Ask for volunteers for the readings SA PURPOSE & 12 Steps (back of White Book)

* Ask for a Host to monitor participants

* In the event there is a newcomer present, have a breakout Newcomer Meeting.

- 1) Leader Reads: Good morning, my name is _____, and I am a recovering sexaholic. Welcome to this CLOSED meeting of Sexaholics Anonymous “White Book Study” group. This meeting is for those desiring their own sexual sobriety. Please qualify as a member of SA to remain in the meeting.
- 2) I will now have the HOST mute all the lines and open with a moment of silence followed by the serenity prayer. You may pray along with me if you wish:
“God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.”
- 3) Leader Reads: This meeting is a White Book Study group. To start out, we will have 2 readings:
- 4) I have asked _____ to read, “The SA Purpose” page 201 in the WB
- 5) I have asked _____ to read, “The 12 Steps of SA.” Pg. 208 in the WB
- 6) Leader Reads: I will now read our guidelines for sharing: Because it is important to create a safe place where we can share about our disease, this is a closed meeting, only for people desiring their own personal sexual sobriety. If there is anyone who is a newcomer, who has not had a newcomer’s meeting, or who is not sure if you are a sexaholic, we ask that you honor this closed meeting and attend an informational newcomer’s meeting. Is there anyone here for their very first SA meeting? (If so, assign them to the Newcomer’s breakout & ask for those who wish to join them, for the HOST to assign them, and the leader to run this group)
- 7) Leader Reads: In participation, we avoid topics that can lead to dissension or distraction. We also avoid explicit sexual descriptions and sexually abusive language. The emphasis is on honesty, recovery, and healing; how to apply the Twelve Steps and Traditions in our daily lives. No crosstalk please. If someone feels that another is getting too explicit, they may so signify by quietly raising their hand; or, you may just turn off your audio until the speaker has finished sharing. We will go around the room for introductions prior to the reading. Please turn on your camera, qualify that you are a member of SA and share your sobriety date, if you wish.
- 8) Go around the room for intro’s, then start reading/sharing on the White Book
- 9) (*At 9:55am, conclusion of participation*) Leader Reads: It is now time for our Seventh Tradition. We have no dues or fees, but we are self-supporting through our own contributions. While we cannot pass the basket, you may go to SANashville.org and contribute to one of the groups listed. This money goes to the Nashville Intergroup, who pays for this Zoom account. Do we have any SA-related announcements?
- 10) Leader Reads: We cannot present chips but would like to acknowledge periods of sobriety. Is there anyone celebrating a period of sobriety today? We give you a virtual hug & applause.
- 10) Leader Reads: Please remember our primary purpose: to take the SA message to the sexaholic who is still suffering. Anything you have heard at this meeting is strictly the opinion of the individual participant. The principles of SA are found in our Twelve Steps and Twelve Traditions. Anonymity is the spiritual foundation of all our traditions ever reminding us to place principles before personalities. Please keep the name, address, and phone number of anyone you meet or learn about in SA to yourself; what we say here, let it stay here. If anyone needs a sponsor, please stay on after the meeting and a temporary sponsor will be provided. Anyone available to *be* a sponsor, please stay after to assist with providing sponsorship, a key to our recovery.
- 11) If the HOST can mute the lines, after a moment of silence I will close with the Lord’s Prayer. You may say it along with me if you’d like:
“Our Father, Who art in Heaven, hallowed by Thy name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day, our daily bread and forgive us our trespasses, as we forgive those who trespass against us. Lead us not into temptation but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.”