

Hello and welcome to this SA Early Recovery Workshop meeting. My name is \_\_\_\_\_ and I am a recovering sexaholic. Let's begin with a moment of silence followed by the Serenity Prayer.

Please mute your line or the host will mute all lines. Once muted please feel free to pray along:

**PRAYER**

God grant me the serenity to accept the things I cannot change  
The courage to change the things I can  
And the wisdom to know the difference.

**This meeting is for those seeking their own sexual sobriety. The meeting is open to SA members and interested inquirers. It is the purpose of this meeting to provide a clear and simple message of hope for individuals that are getting started and seeking traction in the SA fellowship.**

Let's go around the "room" so everyone can introduce themselves by first name. You may include your sobriety date, location and what brings you to this meeting. Feel free to put your phone number in chat if you choose.

Introductory Readings (choose 1-3 readings depending on group size and ask a member to read)

- What is A Sexaholic -- White Book page 202
- The Problem – White Book page 203
- The Solution – White Book page 204-205

The format of the meeting will be a topic pertaining to SA early recovery taken directly from our literature to be discussed for 5-10 minutes by 1 or 2 speakers followed by open discussion, questions and (action plans) by attendees. Please limit your shares to 2-3 minutes to allow others the opportunity to participate. Once everyone has had a chance to share you may share again if time allows. We do ask that shares focus on your experience with the topic, challenges you may be facing in recovery or questions you may have about SA recovery.

In participation, we avoid topics which can lead to dissension or distraction. We also avoid explicit sexual descriptions and sexually abusive language. The emphasis is on honesty, recovery and healing; how to apply the twelve steps and twelve traditions in our daily lives. While we are an anonymous fellowship, anonymity does not imply legal confidentiality. In particular, sharing first-hand information about the abuse or neglect of a child, in which the appropriate authorities have not been notified, may result in a report to the authorities.

We do not wish to engage in any controversy therefore issues outside the scope of this setting such as philosophy, therapy, religion, individual occupations and other 12 step issues are discouraged. We do not mention titles and authors of publications other than SA Conference approved literature.

Although we do not offer advice on specific issues, we do believe it appropriate to clarify misunderstandings about the SA program of recovery. So **your questions about early recovery are welcomed here**. Our speaker or other meeting attendees may wish to respond to a question by sharing their own experience, strength and hope. Please follow the guidelines of helping others through identification. We speak in terms of “I” not “we” or “you”. We relate to what happened to us. We don’t tell; we share. SAWB 186.

“Most emphatically we wish to say that any [sexaholic] capable of honestly facing [their] problems in the light of our experience can recover provided [they] do not close [their] mind to all spiritual concepts”  
Adapted from Alcoholic Anonymous Appendix II “Spiritual Experience”

Introduce Speaker and Literature to be read as topic:

Tonight our speaker is/speakers are \_\_\_\_\_ the topic is \_\_\_\_\_ .

Speaker(s) shares 5- 10 - 20 minutes (from literature and personal experience).

Thank you \_\_\_\_\_ for sharing with us tonight. The meeting is now open for questions and sharing about the topic.

At 7:55 – that's all the time we have for sharing tonight. Does anyone have any SA related announcements?

SA is fully self-supporting. If you wish to donate, please go to [sanashville.org](http://sanashville.org) and click on the “seventh tradition” button. The SA Nashville Intergroup provides the zoom channel we use for this meeting.

Please mute your line for the closing statement and prayer.

Anything you have heard at this meeting is strictly the opinion of the individual participant. The principles of SA recovery are found in The Twelve Steps and Twelve Traditions. Please keep the personal information you have heard today to yourselves. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

And now we will close with a program prayer.